



SANTOSH DEEMED TO BE UNIVERSITY

SANTOSH MEDICAL COLLEGE

VALUE ADDED COURSE

| | | | | | |
|---|---|---|---------|---------|---------------------|
| Name of Course | : | Adolescent Health | | | |
| Course Code | : | VAC - 22 | | | |
| Department | : | Paediatrics | | | |
| Eligibility | : | All Doctors / Interns can attend | | | |
| Duration | : | 16 Hours | | | |
| Program Dates and Time | | Date | Batch 1 | Batch 2 | Time |
| | | 02.01.2021 | | | 12:30 PM to 3:30 PM |
| | | 09.01.2021 | | | 12:30 PM to 3:30 PM |
| | | 23.01.2021 | | | 12:30 PM to 3:30 PM |
| | | 30.01.2021 | | | 12:30 PM to 3:30 PM |
| | | 13.02.2021 | | | 12:30 PM to 3:30 PM |
| Course Content | : | 02-01-2021) Welcome Introduction and Pre Test) Definition of adolescent and why there is need to discuss with adolescent differently) Physical Sexual and Psycho-social change in adolescents and their implications) Adolescent Friendly health services) How to communicate with adolescent 09-01-2021) Factors affecting growth, nutrition and anemia and their consequences) Sexuality concerns (definitions and myths)) Menstrual cycle, hygiene and related problems) Teen pregnancy and illegal abortions and consequences 23-01-2021) Medical problems – specific adolescent) Life skill) Polycystic ovarian syndrome (PCOS)) History taking and examination in adolescents) Introduction of Job aids 30-01-2021) RTVSTV/HIV Prevention) Sleep hygiene) Vaccines for adolescents) Emergency contraceptives 13-02-2021) Recognition and management of suicidal tendencies and drug abuse) Adolescent depression | | | |
| HOD Name / Contact details | : | | | | |
| Course Coordinator / Contact details | : | | | | |
| Maximum Student in Batch | : | | | | |
| Last Date of Registration | : | | | | |