# SANTOSH Deemed to be University



5.3.3 Average Number of sports and cultural activities / events/ competitions organized in the Institution per year



# Santosh Deemed to be University, Ghaziabad

# **Sports Bulletin**

October 2019



Patron
Dr. Manoj Goyal,
Chancellor

#### Committee:



Dr. V.K. Chhoker, Incharge Sports (Medical)



Dr. Deepika Agrawal (Medical)



Dr. Yogesh Yadav (Medical)



Dr. Manish Gupta (Dental)



Dr. A. Revanth Kumar (Medical)



Mr. Jagmohan Singh Dhakar (Statistician)



Students Representatives
Harsh Talwar (Medical)
MBBS Batch (2016-17)



Abhishek Jha (Medical) MBBS Batch (2017-18)



Shrey Tyagi (Medical) MBBS Batch (2017-18)



Rashid Ali (Medical) MBBS Batch (2017-18)



Aishwarya Rana (Medical) MBBS Batch (2018-19)



Hritik Singh (Medical) MBBS Batch (2019-20)

#### **Background**

"All work and no play makes Jack a dull boy", a popular proverb since 1659, has been reminding the academicians time and again that a person becomes both bored and boring if they do not spare time off from work / learning. But in the present competitive world, it has long been forgotten that academic learning and sports complement each other in the growth and development of any learner. If sports activities are carried out along with the academic curriculum, the overall personality of the student is enhanced. The qualities of leadership, sharing, team spirit and tolerance are learnt from sports. A person who is active in sports becomes strong both physically & mentally to deal with the day to day challenges attached with the medical profession. This synergy was recognized by the MCI very well, hence it has included sports, Yoga, Meditation, Exercise, etc., to be a part of new Competency based M.B.B.S curriculum which has been successfully implemented in our institution for the 2019-20 batch.

Honorable Prime Minister Shree Narendra Modi, launched the Fit India movement in which the higher education institutions are being instructed to include Sports as a part of their curriculum; thereby recognizing the importance of sports activity for achieving academic excellence.

In the year 2018 Santosh Deemed to be University lit the spark for Sports activities for the Medical & Dental students by conducting various events in the Medical College under the able leadership of Dr. V.K Chhoker, Professor & Head Department of Forensic Medicine & Toxicology. Students from this University have also been participating in Inter college / university sports events and have secured various awards. To keep the spirits high amongst the students we are launching the Annual Sports Meet 2019 from October 2019.

#### Message from the Vice Chancellor:



It gives me immense pleasure to inaugurate the annual Sports Meet 2019. Sports today is an integral part of curriculum and it helps students to learn better in a stress-free environment. It also motivates the pupil to excel in their performance, be it academics or extracurricular activities. True sportsmanship among the students will definitely boost them to build their persona & develop as a better human. I

congratulate Dr. V.K. Chhoker and his team for having taken this initiative last year and also continuing it for this year. I also extend my best wishes to all the students to participate actively and at the same time take appropriate safety measures.

Dr. Tripta S Bhagat
Vice Chancellor
Santosh Deemed to be University

#### Message from the Dean:



At the onset of the annual Sports Meet 2019 in the institution, I congratulate the team organizing the activity and extend the same to the Student volunteers and participants. In the new M.B.B.S curriculum, due importance is given to extracurricular activities along with competency based medical education. Simultaneously

on 29th August 2019, our Honorable Prime Minister Shree Narendra Modi Ji also launched the 'FIT INDIA MOVEMENT' in various educational institutions to promote health and fitness among the students & staff of the respective institutes. University Grants Commission (UGC) too has asked higher educational institutions (HEIs) to motivate staff and students to adopt walking 10,000 steps each day and follow it up in their daily routine". The Sports Meet will surely serve well in sensitizing everyone towards fitness.

Dr. Gajendra Kumar Gupta Dean Santosh Medical College



Honorable Prime Minister Shree Narendra Modi Ji launched the 'FIT INDIA MOVEMENT' on 29.08.2019

#### **Sports Meet 2019**

#### Events conducted in the month of October 2019:

The Sports Meet 2019 was formally inaugurated by Dr. Tripta S Bhagat, Vice Chancellor, Santosh Deemed to be University and Dr. Gajendra Kumar Gupta, Dean, Santosh Medical College on 12th October 2019 in the College campus by flagging the 1st event i.e., Race Competition. Events like 100 mts & 200 mts was conducted and a total of 35 students from different courses participated in various events. Whole event took place under the supervision of Dr. Virender Kumar Chhoker, H.O.D, Forensic Medicine & Toxicology Department, who is also the Sports in-charge of the college.





Race Competition being inaugurated by Dr. Tripta S Bhagat, VC, Santosh Deemed to be University and Dr. Gajendra Km Gupta, Dean

Kabaddi Tournament was the 2nd event organized during this Sports Meet, which was held on 19th October 2019 near the basket Ball court in College Premises. It was inaugurated by Dr. Tripta S Bhagat, Vice Chancellor & Dr Gajendra Gupta, Dean, Medical College and under the Guidance of the Sports in-charge. Nine teams had registered to play kabaddi, a game that originated in our India. Not only medical students, but even Dental and Paramedical students enthusiastically took part in this tournament. The whole tournament was full of energy with knockout performances from all the teams. Altogether 8 matches were held including the semi-finals and finals & refreshment was served to the students to rejuvenate them, before calling it a day. All the matches were conducted by two hired referees to maintain transparency & follow game rules accurately.

#### Race Competition – 12<sup>th</sup> October 2019.

Race Competition marked the beginning of the sports meet with participation of 35 students in various events. A huge gathering of spectators encouraged the athletes. Faculty from the Medical College, Dr. Deepika Agrawal, Dr. Pradeep Kumar Sharma, Dr. Yogesh Yadav, Dr. A. Revanth Kumar and Mr. Rajesh Kumar (MSW), were also present at the event who contributed in running the race events smoothly.

#### The Race events were as follows:

#### 100 Meters for Girls

#### **Participants & Winners:**

- 1. Ms. Kanika Mittal, Medical (18-19)
- 2. Ms. Priyanka Singh, Medical (18-19)
- 3. Ms. Pragati Chauhan, Dental (17-18)
- 4. Ms. Simran, Paramedical (19-20)
- 5. Ms. Deeksha, Paramedical (19-20)
- 6. Ms. Ashvani, Paramedical (19-20)

As only 6 female students from all the courses had registered for 100 mts race, a mixed race was conducted and best 3 were selected in the 1st race.

In the final round **1st place** secured by Ms. Pragati Chauhan, BDS 2017-18 batch student and Ms. Kanika Mittal, MBBS 2018-19 batch student was **runner-up**.



#### 100 Meters for Boys

#### **Participants & Winners:**

Slot 1 MBBS	Slot 2 MBBS/BDS mix	Slot 3 MBBS/BDS mix
1. Shubham Solanki (17-18)	7. Akshay Raj, Med (19-20)	13. <b>Karan Gupta, BDS (17-18)</b> ✓
2. Farzad Ali (19-20) ✓	8. Hritik Singh, Med (19-20) ✓	14. Prashant, Med (17-18)
3. Shashank Singh (19-20)	9. Muneer Ahmad, Med (17-18)	15. <b>Mohit Gogna, Med (17-18)</b> ✓
4. Ekagra Powar (19-20)	10. Satish Kr. Singh, BDS (17-18)	16. Abhishek Jha, Med (17-18)
5. <b>Samir Ansari (18-19)</b> ✓	11. Tushar Gupta, BDS (17-18) ✓	
6. Shresath Srivastav (18-19)	12. Harshit Lohani, BDS (17-18)	

Slot 4 Paramedical	Slot 5 Paramedical	
1. <mark>Sultan (17-18)</mark> ✓	7. Shubham (19-20)	
2. Pankaj (19-20)	8. <mark>Rajnish (19-20)</mark> ✓	
3. Anit Jain (19-20)	9. Deepak Kumar (19-20)	
4. Javed Khan (19-20)	10. Ankit Bansal (19-20)	
5. Tarun Dixit (19-20)	11. <mark>Asif Khan (19-20)</mark> ✓	
6. Rituraj Singh (19-20) ✓		

For MBBS & BDS Boys, elimination rounds were conducted in 3 slots for the boys. In the 1<sup>st</sup> slot only MBBS Students participated, whereas in 2<sup>nd</sup> & 3<sup>rd</sup> slots both MBBS & BDS Boys raced. From these elimination rounds, 2 students (✓) were selected in each slot who came 1<sup>st</sup> & 2<sup>nd</sup>. Among the selected 6 students a final race was conducted to select the winners. Mr. Hritik Singh, MBBS 2019-20 batch won the 1<sup>st</sup> Place followed by Mr. Farzad Ali, MBBS 2019-20 batch got 2<sup>nd</sup> place & 3<sup>rd</sup> place was won by Mr. Mohit Gogna, MBBS 2017-18 Batch.



Similarly, for Paramedical Boys elimination round was conducted in 2 Slots & best 2 were selected in each slot. Final race was conducted for the 4 finalists & Mr. Sultan came 1<sup>st</sup>, Mr. Rajinish was 2<sup>nd</sup> & 3<sup>rd</sup> place secured by Mr. Asif Khan.



#### 200 Meters for Boys

#### Winners:

Race of 200 meters for MBBS & BDS boys was conducted in 2 slots (Mixed) & fastest 2 runners in the 2 slots were declared as winners as follows:

#### Slot 1:

1<sup>st</sup> Prize : Mr. Ekagra Pawar, MBBS 2019-20 batch.

2<sup>nd</sup> Prize : Mr. Satish Km. Singh, BDS 2017-18 batch.

Slot 2:

1<sup>st</sup> Prize : Mr. Hritik Singh, MBBS 2019-20 batch.

2<sup>nd</sup> Prize : Shubham Solanki, MBBS 2017-18 batch

Race of 200 meters for Paramedical boys was conducted in 3 slots & fastest runners in all the 3 slots were declared as winners as follows:

#### Slot 1:

1<sup>st</sup> Prize : Mr. Anit Jain (2019-2020)

2<sup>nd</sup> Prize : Mr. Rituraj & Mr. Ankit Bansal (Tie) (2019-2020)



Slot 2:

1<sup>st</sup> Prize : Mr. Sultan (2017-18)

Slot 3:

1<sup>st</sup> Prize : Javed Khan (2019-2020)



After successful completion of the race competition, results were announced and following which snacks & refreshments was served to all students and the day was concluded.

#### Kabaddi tournament – 19<sup>th</sup> October 2019

Out of total 9 teams registered, 2 were Paramedical Student's teams, 2 Teams from Dental and five teams were from medical students. Students from various courses were present in the Kabaddi ground to cheer their respective teams. Faculty from the Medical College, Dr. Deepika Agrawal, Dr. Subir Kumar Mitra, Dr Kaushal Kishore, Dr. A. Revanth Kumar, Mr. Jagmohan Singh Dhakar and Mr. Rajesh Kumar (MSW), were also present at the event to encourage the participants.



#### The matches were as follows:

1st Match: Nursing v/s GNM

BSc Nursing	GNM		
Danveer (Captain)	1. Sachin (Captain)		
2. Javed	2. Shubham		
3. Rituraj	3. Deepanshu		
4. Anit	4. Piyush		
5. Pankaj	5. Himanshu		
6. Rahul	6. Rajnish		
7. Ratan	7. Pradeep		
WON by 18 points	Eliminated		

**2**<sup>nd</sup> **Match:** MBBS 14-15 v/s BDS 14-15

MBBS 14-15	GNM
Sumit Chahar (Captain)	Praveen (Captain)
2. Priyank Sharma	2. Anurag
3. Shivam Yadav	3. Nishant
4. Himanshu Sharma	4. Tushar Gupta
5. Akash Bidhuri	5. Harshit Lohani
6. Kushagra Srivastava	6. Karan Gupta
7. Satyam Yadav	7. Subayu Mondal
8. Avnish Katheriya	
WON by 38 points	Eliminated

**3<sup>rd</sup> Match:** MBBS 18-19 v/s MBBS 19-20

MBBS 18-19	MBBS 19-20
1. Arin (Captain)	Hritik Singh (Captain)
2. Kushagra	2. Saif
3. Kishluv	3. Sachin
4. Samir	4. Ekagra
5. Keshav	5. Vidhur
6. Saransh	6. Surya
7. Rahul	7. Shaurya
Eliminated	WON by 19 points

**4**<sup>th</sup> **Match:** MBBS 17-18 (B) V/s BDS 17-18

MBBS 2017-18 (B)	BDS 2017-18	
1. Anshu Yadav (Captain)	Sachin Sharma (Captain)	
2. Shubham Virmani	2. Aditya	
3. Ashutosh Biswas	3. Satish Kumar	
4. Afrid Rasul	4. Alankrit	
5. Shubham Solanki	5. Kshitish	
6. Jay krishan Aggrawal	6. Moonish	
7. Avnish Katheriya	7. Buddhadev	
Eliminated	WON by 1 point	



#### **Quarter finals**

The winning teams of the qualifying matches reached the quarter finals.

1st quarter final : MBBS 17-18 (A) v/s BDS 17-18

BDS 17-18	MBBS 2017-18 (A)
Sachin Sharma (Captain)	Abhishek Jha (Captain)
2. Aditya	2. Shrey Tyagi
3. Satish Kumar	3. Samar Singh Yadav
4. Alankrit	4. Mohit Gogan
5. Kshitish	5. Ujjwal Prakash
6. Moonish	6. Samyak Jain
7. Buddhadev	7. Rashid Ali
Lost	WON by 24 points

**2**<sup>nd</sup> **quarter final** : MBBS 14-15 v/s Nursing.

MBBS 14-15	Nursing
Sumit Chahar (Captain)	Danveer (Captain)
2. Priyank Sharma	2. Javed
3. Shivam Yadav	3. Rituraj
4. Himanshu Sharma	4. Anit
5. Akash Bidhuri	5. Pankaj
6. Kushagra Srivastava	6. Rahul
7. Satyam Yadav	7. Ratan
8. Avnish Katheriya	
WON by 13 points	Lost

#### **Semi finals**

The winning teams in the Quarter finals reached semi-finals.

Semi-final match was played between MBBS 17-18 (A) v/s MBBS 19-20 & this match was won by MBBS 17-18 (A) by 3 points.

#### **Final Match**

The final match was played between MBBS 14-15 v/s MBBS 17-18 (A) & Final match was won by MBBS 14-15 by 6 points.

#### Winners

Winner	Runner up	
MBBS 14-15 (Interns)	MBBS 2017-18 (A)	
Sumit Chahar (Captain)	Abhishek Jha (Captain)	
Priyank Sharma	Shrey Tyagi	
Shivam Yadav	Samar Singh Yadav	
Himanshu Sharma	Mohit Gogan	
Akash Bidhuri	Ujjwal Prakash	
Kushagra Srivastava	Samyak Jain	
Satyam Yadav	Rashid Ali	
Avnish Katheriya		
WON by 5 points	Runner up	



Upcoming events to be conducted in the month of November 2019:



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# Awareness session on Smoking Cessation on "World no smoking day" On 07.03.2020

The School Students & Teachers were made aware of the harmful effects of Smoking & encouraged them to take action in order to make their fellow being free from smoking, by means of a Nukkad Natak & student interaction by the Interns Batch 2014-15 posted in the Department of Community Medicine (Priya, Vaishnavi, Vinita, Yaditya, Sparsh & Utsav. This opportunity was also made use of by creating awareness on preventive aspects of Corona Virus as it is the need of the hour knowledge to all in response to currently ongoing Pandemic.







# Paper /Poster/Model competition Department of Physiology-21.11.2019

Department of Physiology organized a Paper /Poster/Model competition for undergraduates students of Santosh Medical College and Santosh Dental College Ghaziabad November 2019 All the students were promoted to take part in the competition. Other than MBBS-I and BDS-I some students from MBBS II also took part in the competition. Since this competition was apart of a CME Programme Guests from other Colleges were invited as Judges for the said competition. It is a matter of great pride that 2 of our ex Santoshians( Alumni MD physiology)were invited as judge Dr.Anshu Tandon (Associate Prof in LLRM Medical College, Meerut)and Dr.Anju Goel(Assistant Prof in Rama Medical College, Hapur) were both our ex PG students. Every team had10 students each. Students prepared working models or display models to explain the various physiological mechanisms. Our students performed brilliantly in the viva session by the external judges and received compliments. Top five teams were given cash prizes, books, trophies, and certificates.





#### SANTOSH DEEMED TO BE UNIVERSITY

To
Dr. Dakshina Bisht
Director IQAC
Santosh Deemed To Be University
Ghaziabad

#### Respected madam

We have celebrated the 'Matri Bhasha Diwas' on 22/02/2020 in the Department of Prosthodontics. Approximately fifty students and few teachers participated in the event. The students performed various activities like singing, dramatic, debate, essay writing etc. Certificates were given to the winners.

#### **Participants**

- a) Singing Dr. Rasika P.G., Dr. Ilolo P.G., Prachi Final Year, Pawan Final Year,
   Oriba Final Year, Anurag, Nishant Final Year, Keerthana 3<sup>rd</sup> year, Keerthana
   + Naina 3<sup>rd</sup> year
- b) Debate- Karan 3<sup>rd</sup> year, Harshit 3<sup>rd</sup> year, Dr, Lakshy P.G.
- c) Poem-Nazish final year and Rishika final year
- d) Essay writing Dr. Vidydhar P.g. and Pragati 3<sup>rd</sup> year
- e) Dramatics- interns Mahima, Parul, Twinkle, Arunima

#### Winners

- a) Singing Prachi final year, Keerthana and Naina 3<sup>rd</sup> year
- b) Poem- Rishika 3<sup>rd</sup> year
- c) Debate Harshit lohani 3<sup>rd</sup> year B.D.S.
- d) Essay writing Dr. Vidydhar P.G.

Dr. S.V. Singh
H.O.D. Prosthodontics & Crown and Bridge
Santosh Dental College
Ghaziabad











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Swacchata Pakhwara event from 16th-31st Jan, 2020

Few glimpses of Swachhata Pakhwara event, organized by Santosh Deemed to Be University, at Santosh Medical & Dental College, from 16th January - 31st January 2020 The event included poster making competition, Slogan writing competition, Best out of waste making competition, Saplings plantation and Prize distribution ceremony was organized.







#### **Run for Unity-31.10.2019**

31 October 2019 On the occasion of the 144th birth anniversary of Sardar Vallabh Bhai Patel, all the faculty, students and staff of Santosh University pledged for unity, integrity, and security of the nation. The event ended with a run for unity in which everyone actively participated.







FINDING MNEMO: MNEMONIC MAKING COMPETITION			
POSITION	1 <sup>ST</sup>	2 <sup>ND</sup>	
NAME OF THE STUDENT	Kanika Aggarwal	Mehak Agastya	
NAME OF THE COLLEGE, BATCH	Santosh Medical College	Santosh Medical College	
PICTURE	MBBS 2018	MBBS 2018	
AWARD	Rs. 1000	Rs. 500	
WINNING ENTRY	Causes of APLASTIC ANEMIA  Long term exposure to toxins  I chizing Roddation  Others (prignancy, thyona)  Nocturnal himogratinuria (~PNH)  Extein Barr Virus  Lupus trythernatosus  Medication (NSAIDs, Antiblatics, Anti-thyroid)+Myelodysplastic  Sosinophilic fascilitis, EBV  Sexonegative (non-A Hrough-G) hepatitis  Shwachman-Diamond syndrome & other unberited genetic abhormalities  I diopathic	SUPRA- CLAVICULAR MOON FACE CLAVICULAR CARDIAC CHYPERTROPHY  DESITY  ABDOMINAL STRIAE POOR  MUSCLE WASTING HYPERTENSION  WOAH !!! SMC  CARDIAC HYPERTROPHY  ABDOMINAL STRIAE (LUGMEN)  HYPERTENSION  WOAH!!! SMC  CARDIAL HYPERTENSION	

1 <sup>ST</sup>	2 <sup>ND</sup>	22
	2110	3 <sup>RD</sup>
Aryaman arora	Yashendra Sethi	Manjeet Singh Chaudhary
Santosh Medical College MBBS 2016	Govt. Doon Medical College MBBS 2016	Veer Chandra Singh Garhwali Govt. Inst. Of Medical Science and Research. MBBS 2016
Rs. 1000	Rs. 500	Rs. 300
a Aryaman Arora		Ornangest transl May
	MBBS 2016	MBBS 2016  MBBS 2016

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#### SANTOSH DENTAL COLLEGE AND HOSPITAL

#### DEPARTMENT OF ORAL PATHOLOGY AND MICROBIOLOGY

Department of oral pathology conducted NATIONAL ORAL PATHOLOGIST DAY on 25<sup>th</sup> Feb 2020 in SANTOSH DENTAL COLLEGE AND HOSPITAL on occasion of the birth anniversary of Senior Oral Pathologist DR. H.M. Dholakia. The program was conducted to create awareness about the scope of the branch among the undergraduate students.

DR. J. AUGUSTINE was invited as the guest speaker from Maulana Azad Institute Of Dental Sciences to deliver a lecture on 'HIV IN DENTAL PRACTICE'.

Around 150 undergraduates students, post graduates students, intern and faculty member attended the function.

The program was conducted in lecture theatre 2 of Santosh dental college from 2-4pm. The events of the program were as follows-

- 1. Inauguration
- 2. Lamp lightening
- 3. Speech by the ean
- 4. Speech by the HOD
- 5. Tea break
- 6. Guest lecture

#### Expenditure of the event is:

Banner & Certificates: 1050/-

Decorations: 500/-Refreshments: 1000/-

Photographs and the copy of the certificate of the event are attached in the folder.













SPIN A YARN	
1 <sup>ST</sup> (HINDI)	1 <sup>ST</sup> (ENGLISH)
Satya Jha	Priya Kumari
Santosh Medical College MBBS 2017	Inst. Of Medical Sciences, BHU MBBS 2016
Rs. 1000	Rs. 1000
ये जो मुख्कुराहट है. इसके पीछे एक गहरी आहट है। जीवन के धूप - छांच से सिचित उपवन की, सनसनाती शीतल - उष्ण पवन की सरसराहट है। स्वार्यक्र का दर्गण तो मृगक्षणा है, इसपे कालजयी समय के पहरे हैं। ये जो मुख्कुराते हुए चेहरे हैं, इसमें राज कई गहरे हैं। वचपन की सलोगी कतानियां, लङ्कपन का तो उमंग, योवन की मचलती अठखीलियां, तरुणाई का सांसारिक रंगांच, कभी प्रेम प्रसग तो कभी विरह बेदना, तो कभी भुनहरे सपने बिखरे हैं। ये जो मुख्कुराते हुए चेहरे हैं, इसमें राज कई गहरे हैं। ये जो मुख्कुराते हुए चेहरे हैं, इसमें राज कई गहरे हैं। जीवन के कम्म पथ पर हरदम आगे बढ़ना है। सुख्क - दुःख है जीवन का सत्य इसको इसको सहना है। मुख्यांडल की प्यारी मुख्कान आत्मिक्षास का यही जो गहना है। चेहरे की मुख्कुराहट से परे वया कोई भी अपना है। उत्साह, उमंग, उत्लास यही तो प्रचंड व्यक्तित्व का सेहरा है। ये जी मुख्कुराता हुआ चेहरा है, इसमें राज कई गहरा है।	The failer  The sun had started to set early.  The sun had started to set early.  With the element wormth Outsbor did orawl,  Watting se tang, entered november wrapped in show!  Su curries the days of breamages.  It seems worter dame error ages  Some the accention of the seems of the seems of made.  Even the accention of the seems of the seems of the seems of the accention of the seems of the seem
	Satya Jha  Santosh Medical College MBBS 2017  Rs. 1000  Rs. 1000  A जी मुख्युराहट है. इसके पीड़े एक गहरी आहट है। जीवन के पूप - छोव भी स्विचेत उपयन की, सर्वातारी सीतल - उपम पान की सरस्वादट है। सर्वात कर का प्रसार की मुख्युराह है, वे जी मुख्युराह है है, वे जी मुख्युराह है है, वे जी मुख्युराह है। सर्वात की सलीती कहानिया, एक्ट्रकेप का स्वात की स्वात है। सर्वात की सलीती कहानिया, प्रमान की स्वात है। स्वात की सलीती कहानिया, प्रमान की स्वात है। स्वात की सलीती कहानिया, प्रमान की सुद्ध है। वे जी मुख्युराह हुए यहरे हैं, इसमें राज कई गहरे हैं। के प्रमान की सली सिंदह केदना, तो कुओ सुन प्रसार है। स्वात हुए यहरे हैं, इसमें राज कई गहरे हैं। प्रमान है। स्वात है। सुसान है की प्रमान सहना है। सुसान की स्वात सहना है। सुसान है की प्रमान सहन सहना है। सुसान हम्म सहन सहन हम्म सहन सहन है। सुसान हम्म सहन सहन हम्म सहन सहन हम्म सहन सहन हम्म सहन

# Aura 2k19

President Secretary Treasurer

Dr. Aditya Sharma Dr. Vivek K. Gupta Dr. Lakshay Gaur

**Chief Co-Ordinator** 

Aravind Swamy Rahul Anand Amar Gautam

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Ms. Twinkle Sharma

Ms. Sonam Khokher

Mr. Nikhil Vinayak

Ms. Priya Dev

	Goonj (Solo/Duet Singing)			
<b>Position</b>	Names	Course	Batch	
1 <sup>st</sup>	Anaswara N Nambiar	BDS	2017-18	
2 <sup>nd</sup>	Sufiyan Chaudhary	MBBS	2019-20	
2 <sup>nd</sup>	Shubhendu	MBBS	2018-19	
3 <sup>rd</sup>	Anant Kumar & Viddur Rathi	MBBS	2019-20	

Malhar (Solo/Duet Dance)			
Position	Names	Course	Batch
1 <sup>st</sup>			
2 <sup>nd</sup>	Mitrata	BDS	2017-18
2 <sup>nd</sup>	Akanksha Prakash	BDS	2018-19
2 <sup>nd</sup>	Nishant Sharma	BDS	2016-17
3 <sup>rd</sup>	Anjali Mamgain	MBBS	2016-17
3 <sup>rd</sup>	Jyoti Matta & Mitrata Gantait	BDS	2017-18

	Goonj (Group Singing)			
Position	Names	Course	Batch	
1 <sup>st</sup>	Anashwara, Mitrata Gantait, Nayana,	BDS	2017-18	
	Keerthana, Priyanshi Verma			
2 <sup>nd</sup>	Uditanshu, Akanksha, Sudeshna,	BDS	2018-19	
	Trijya, Apurba, Deepanshi			
3 <sup>rd</sup>				

	Malhar (Group Dance)		
Position	Names	Course	Batch
1 <sup>st</sup>			

$2^{\mathrm{nd}}$	Muskan, Shruti Jha, Saloni Garg,	MBBS	2018-19
	Tanya, Shefali Gupta, Anvy Chauhan,		
	Parul, Sharia Khan, Aishwarya Rana,		
	Simran, Kirti Tripathi, Diksha,		
	Riddhima Arora, Tejasvani		
3 <sup>rd</sup>	Priyanshi Tyagi, Radhika Sharma,	BDS	2015-16
	Mohini Gupta, Twinkle Sharma, Deepti		
	,Priya Sharma		

	Malang (Nukad Natak/Role Play)			
<b>Position</b>	Names	Course	Batch	
$1^{\mathrm{st}}$	Vidushi Bhardwaj, Neha, Nazneenz	MBBS	2015-16	
	Anchal, Kaynaat, Anupama, Kopal,			
	Narmada, Keerthana, Koushi Ram,			
	Deepa			
2 <sup>nd</sup>	Arjit Bansal, Sambhav Tripathi,	MBBS	2018-19	
	Keshav Sood, Pragya Tyagi,			
	Anahatroop Dhami, Rashi Goyal,			
	Kanika Bhatt, Priyanka Singh, Riya			
	Patel, Muskan Singh Senger, Nandani			
	Tyagi			
$3^{\rm rd}$				

	Antakshari			
Position	Names	Course	Batch	
1 <sup>st</sup>	Nishant Sharma, Vidushi Goel,	BDS	2016-17	
	Himadri Pandey, Ankush, Vipul			
	Sharma			
2 <sup>nd</sup>	Anant Kumar, Muskan, Leena	MBBS	2018-19	
	Chaudhary, Mansi Singh			
3 <sup>rd</sup>	Arunima Gupta, Sahil Ahmed,	MBBS	2016-17	
	Sunaina Gupta, Shweta Bhagat, Eva			
	Gupta			

Glimmer N Gloss (Fashion Show)			
Position	Names	Course	Batch
1 <sup>st</sup>	Priya Dev, Ksh Deepa, Manu Sonkar,	MBBS	2015-16
	Kayenat Yasmeen, Nazneen Yasmeen,		
	Nikshai, Manu Krishna, Anchal		
	Choudhary		
2 <sup>nd</sup>	Moonis Khan, Nikhil Bawara, Kshitej	BDS	2018-19
	Malhotra, Yash Malik, Yukta		
	Chanana,Soma Rai,Riya		
3 <sup>rd</sup>			

# **Art And Litrary Committee**

**Secretary** Dr.Livingstone

**Co-Secretary** 

Ms. Anikha Yadav Ms. Radhika Sharma Ms. Vidushi Bhardwaj Ms. Neha Jha

Conflicting Confronting (Debate)			
Position	Names	Course	Batch
1 <sup>st</sup>	Vidushi Bhardwaj	MBBS	2015-16
2 <sup>nd</sup>			
3 <sup>rd</sup>			

	Pratyaksh (Slam Poetry)		
Position	Names	Course	Batch
$1^{\mathbf{st}}$	Vidushi Bhardwaj	MBBS	2015-16
2 <sup>nd</sup>	Sadhna Rana	MBBS	2016-17
2 <sup>nd</sup>	Ujjwal	BDS	2017-18
3 <sup>rd</sup>	Aastha Tyagi	MBBS	2016-17
3 <sup>rd</sup>	Afreen Ali	BDS	2018-19

	Doodle Nama (Doodle Making)			
Position	Names	Course	Batch	
1 <sup>st</sup>	Jyoti Mangla	MBBS	2018-19	
2 <sup>nd</sup>	Sharia Khan	MBBS	2018-19	
2 <sup>nd</sup>	Arya K.R.	MBBS	2017-18	
3 <sup>rd</sup>				

Hello Paparazzi (Pop Culture Quiz)						
Position	on Names Course Batch					
1 <sup>st</sup>	Abhishek Kaushik, Aditya Gautam, Lipika Sharma	BDS	2017-18			
2 <sup>nd</sup>						
3 <sup>rd</sup>	Aastha Tyagi	MBBS	2016-17			

	Art Mela (Rangoli)			
Position	Names	Course	Batch	
1 <sup>st</sup>	Anupama, Richa, Arjita Singh	MBBS	2015-16	
2 <sup>nd</sup>	Tanya Katyal ,Muskaan Sachdeva And	BDS	2018-19	
	Afreen Ali			
3 <sup>rd</sup>				

Art Mela (Wall Painting)			
Position	Names	Course	Batch
1 <sup>st</sup>	Satish, Ujjwal, Shivani Aggarwal	BDS	2017-18

2 <sup>nd</sup>	Arya K.R.	MBBS	2017-18
3 <sup>rd</sup>	Saloni Garg, Shruti Jha, Rashi Goyal	MBBS	2018-19

Don't Lose Focus (Photography)				
Position Names Course Batch				
1 <sup>st</sup>				
2 <sup>nd</sup>	Mohamed Javith	MBBS	2019-20	
3 <sup>rd</sup>	Tanya Prasad	MBBS	2018-19	

Spin A Yarn (Creative Writing)			
Position	Names	Course	Batch
1 <sup>st</sup>	Vidushi Bhardwaj	MBBS	2015-16
2 <sup>nd</sup>			
3 <sup>rd</sup>			

Glam Sham (Face Painting)			
Position	Names	Course	Batch
1 <sup>st</sup>	Sachin Sharma, Dr Shalini Dixit And	BDS	2017-18
	Dr Sharobjit Chakarboty		
2 <sup>nd</sup>	Shivani Aggarwal, Pragati Chauhan,	BDS	2017-18
	Sachin Sharma, Satakshi Shukla		
3 <sup>rd</sup>	Suhasini Kapil, Taranjyot Kaur	MBBS	2019-20
	Madaan, Meenakshi Kaushik		

	Hogathon (Eat All You Can As Fast As You Can)			
Position Names Course Batch				
1 <sup>st</sup>				
2 <sup>nd</sup>	Saif Rahman	MBBS	2019-20	
3 <sup>rd</sup>				

# **Sports Committee**

Secretary

Dr. Sameer Lal

**Co-Secretary** 

Dr. Prabodh Pandey Mr. Abhishek Jha

Dr. Vaishnavi

Ms. Lokpriya Mavi

Mr. Piyush

Mr. Rahul Pratap Singh

Cricket			
Position	Names	Course	Batch
1 <sup>st</sup>			
2 <sup>nd</sup>			
3 <sup>rd</sup>			

Futsal			
Position	Names	Course	Batch
1 <sup>st</sup>	Sarvesh, Shadab, Parth, Lav, Nikhil,	MBBS	2017-18
	Samar, Mohit, Samyak, Shubham,		
	Afreed, Asmar, Prashant,		
2 <sup>nd</sup>	Rajneesh, Shubham Singh, Shivrag,	MBBS	2016-17
	Adeeb, Saurabh, Amrit, Satyam,		
	Anuj, Prakhar		
3 <sup>rd</sup>			

	<b>Badminton</b> (Singles)		
Position	Names	Course	Batch
1 <sup>st</sup>	Ananya Dimri	MBBS	2019-20
1 <sup>st</sup>	Pragati Chauhan	BDS	2017-18
2 <sup>nd</sup>			
3 <sup>rd</sup>	Prashant Yadav	MBBS	2015-16

Badminton (Doubles)			
Position	Names	Course	Batch
1 <sup>st</sup>	Ananya Dimri & Riya Jhirwal	MBBS	2019-20
1 <sup>st</sup>	Jyoti Matta & Pragati Chauhan	BDS	2017-18
2 <sup>nd</sup>	Mansi Singh & Leena Chaudhary	MBBS	2018-19
3 <sup>rd</sup>	Shubham Virmani & Ambesh	MBBS	2019-20

Badminton (Mixed Doubles)					
Position Names Course Batch					
1 <sup>st</sup>	Rashmi Gupta & Satyam Yadav	MBBS	2016-17		
2 <sup>nd</sup>					
3 <sup>rd</sup>	Tanu Yadav & Prabal	BDS	2018-19		

Basketball			
Position	Names	Course	Batch
1 <sup>st</sup>	Livingstone, Kara, Nixon Kidangan Benny	BDS	2019-20
2 <sup>nd</sup>	Shadab, Parth, Akshat, Nikhil, Afrid, Sachin, Aman, Shubham Bhagat, Prashant, Mohit	MBBS	2017-18
3 <sup>rd</sup>	Ashutosh Singh, Shresth, Varun Bhati, Kartik, Abhishek Surelia	MBBS	2018-19
3 <sup>rd</sup>	Kshitej Malhotra, Mohit Khotari , Uditanshu Rathore	BDS	2018-19

	Volleyball(Girls)			
Position	Names	Course	Batch	
1 <sup>st</sup>	Meenakshi Jindal, Sunena Gupta,	MBBS	2016-17	
	Shweta Bhagat, Sanjana Singh,			
	Shrishti, Eva Gupta			
2 <sup>nd</sup>	Shruti Chaudhari, Pragati, Ahram,	BDS	2017-18	
	Jyoti, Shalini Dixit, Rasika, Ridhi			
	Aggarwal, Kalyani Singh, Suruchi			
	Agnihotri			
3 <sup>rd</sup>				

Volleyball(Boys)						
Position	osition Names Course Batch					
1 <sup>st</sup>	Akshay Raj, Hritik Baisoya, Parteek,	MBBS	2019-20			
	Surya, Shantam Agrawal ,Harinivash					
2 <sup>nd</sup>	Sourabh Baisoya, Shubham Bansal,	MBBS	2018-19			
	Vikas, Aryan Sachan, Anmol Tyagi,					
	Kushagra Srivastava, Rahul Gautam,					
	Abhishek Chaudhary					
3 <sup>rd</sup>						

	Kabaddi			
<b>Position</b>	Names	Course	Batch	
1 <sup>st</sup>	Abhishek Jha, Shrey Tyagi, Rashid	MBBS	2017-18	
	Ali,Ritesh Kumar, Ujjwal Prakash,			
	Munneer Ahmed, Mohit Gogna,			
	Samyak Jain			
2 <sup>nd</sup>	· ·			
3 <sup>rd</sup>	Shubham Singh, Satyam Yadav,	MBBS	2016-17	
	Sanchit Nanda, Rajneesh, Mohd.			
	Adeeb Faizy, Shivrag Yadav, Prakhar			
	Bhardwaj			

Kho-Kho							
Position	Position Names Course Batch						
1 <sup>st</sup>	Pooja, Ananya, Saumya, Anjali,	BDS	2018-19				
	Ronita ,Sanjana, Nidhi, Soma, Riya,						
	Kajal Singh, Afreen, Madhavi						
2 <sup>nd</sup>	Rashmi Gupta, Anjali Mamgain,	MBBS	2016-17				
	Ankita, Deepika, Shrishti, Sunena						
	Gupta, Sneha Sahani, Trishla Parihar,						
	Akansha Tiwari, Sharmeen Hafeez						
3 <sup>rd</sup>	Pragati, Shivani, Lipika, Rishika, Jyoti,	BDS	2017-18				
	Divyanshi, Rasika, Sonam, Kalyani,						
	Shruti, Sanskriti						

Tug Of War						
Position	Position Names Course Batch					
1 <sup>st</sup>						
2 <sup>nd</sup>	Pragati Chauhan	BDS	2017-18			
3 <sup>rd</sup>	Sanjana Singh, Sunena Gupta, Shweta	MBBS	2016-17			
	Bhagat Meenakshi Jindal, Eva Gupta,					
	Nandani Sharma, Aishwarya Mittal					

	Race(Girls)		
Position	Names	Course	Batch
1 <sup>st</sup>			
2 <sup>nd</sup>			
3 <sup>rd</sup>	Avantika Singh	MBBS	2019-20

	Marathon(Girls)		
Position	Names	Course	Batch
1 <sup>st</sup>			
2 <sup>nd</sup>	Pragati Chauhan	BDS	2017-18
3 <sup>rd</sup>	Sunena Gupta	MBBS	2016-17

	Marathon(Boys)		
Position	Names	Course	Batch
1 <sup>st</sup>	Satyam Yadav	MBBS	2016-17
2 <sup>nd</sup>	Santhosh.M	MBBS	2015-16
3 <sup>rd</sup>	Rajneesh	MBBS	2016-17

	Relay Race			
<b>Position</b>	Names	Course	Batch	
1 <sup>st</sup>	Rachit Nanda, Ashutosh Rajyan, Satyam Yadav, Shahil Ahemad	MBBS	2016-17	
2 <sup>nd</sup>	Ekagra, Hritik ,Surya ,Akshay ,Prateek ,Saif	MBBS	2019-20	
3 <sup>rd</sup>				

Treasure Hunt			
Position	Names	Course	Batch
1 <sup>st</sup>	Sunena Gupta, Ashutosh Rayjan,	MBBS	2016-17
	Shahil Ahemad, Himanshu Tongaria		

2 <sup>nd</sup>	Pragati Chauhan, Jyoti Matta,	BDS	2017-18
	Bhavesh, Karan Gupta		
2 <sup>rd</sup>	Shweta Bhagat, Meenakshi Jindal,	MBBS	2016-17
	Sanchit Nanda, Himani Solanki		
3 <sup>rd</sup>			

Throwball			
Position	Names	Course	Batch
1 <sup>st</sup>	Pragati Chauhan, Kritika Singh,	BDS	2018-19
	Drishti Adhikari, Anushka Singh,		
	Shalini Dixit, Sanskriti Singh, Sneha		
	Sharma, Rasika, Shruti Choudhary		
2 <sup>nd</sup>	Shruti Chaudhary, Pragati, Shivani,	BDS	2017-18
	Lipika, Nidhi Aggarwal, Rishika,		
	Sneha, Sanskriti, Yukta, Jyoti,		
	Satakshi		
2 <sup>nd</sup>	Jyotsna, Lipika Sharma, Ronita Dey,	BDS	2019-20
	Shivani, Jyoti Matta, Rishika,		
	Shivani,		
3 <sup>rd</sup>	Sunena Gupta, Trishla Parihar,	MBBS	2016-17
	Shrishti, Eva Gupta, Deepika,		
	Sharmeen Hafiz		

	Carrom(Boys)				
Position	Names	Course	Batch		
1 <sup>st</sup>	Nixon Kidangan Benny	BDS	2019-20		
2 <sup>nd</sup>	Sahil Ahmed	MBBS	2016-17		
3 <sup>rd</sup>	Sanchit Nanda	MBBS	2016-17		

	Carrom(Girls)		
Position	Names	Course	Batch
1 <sup>st</sup>	Anchal Yadav	MBBS	2017-18
2 <sup>nd</sup>			
3 <sup>rd</sup>	Sanskriti Singh	BDS	2017-18

	Chess(Girls)		
Position	Names	Course	Batch
1 <sup>st</sup>	Janani B.	MBBS	2019-20
2 <sup>nd</sup>	Shrishti	MBBS	2016-17
3 <sup>rd</sup>	Sunena Gupta	MBBS	2016-17

Chess(Boys)			
Position	Names	Course	Batch
1 <sup>st</sup>	Koushik Raam	MBBS	2015-16
2 <sup>nd</sup>	Samyak Jain	MBBS	2017-18

3 <sup>rd</sup>	Karan Gupta	BDS	2017-18

Table Tennis				
Position	Names	Course	Batch	
1 <sup>st</sup>	Pragati Chauhan	BDS	2017-18	
2 <sup>nd</sup>	-			
3 <sup>rd</sup>	Umair Rizwan	MBBS	2019-20	

# **Academics Committee**

Secretary

Dr. Saloni Prakash

**Co-Secretary** 

Kopal Dixit Shivangi Vashisht Chetna Pasricha Divyanshi Tyagi

Quiz-Head And Neck			
<b>Position</b>	Names	Course	Batch
1 <sup>st</sup>	Aishwarya Prasad & Abrar Ahmed	MBBS	2016-17
2 <sup>nd</sup>	Kanika Aggarwal & Rajeev Patel	MBBS	2018-19
3 <sup>rd</sup>	Aastha Tyagi & Neha Tomar	MBBS	2016-17

	Just A Minute (Theme:Mental Health)			
Position	Names	Course	Batch	
1 <sup>st</sup>	Vidushi Bhardwaj	MBBS	2015-16	
2 <sup>nd</sup>	Parul Singh	MBBS	2016-17	
3 <sup>rd</sup>	Yukta Srivatava	BDS	2017-18	

Diy/Model Presentation (Medical Test)				
Position Names Course Batch				
1 <sup>st</sup>				
2 <sup>nd</sup>	Sunena Gupta & Priyank Preyas	MBBS	2016-17	
3 <sup>rd</sup>	Jyoti Mangla & Vaishnavi Pandey	MBBS	2018-19	

Elocution					
Position	Names	Course	Batch		
1 <sup>st</sup>	Parul Singh	MBBS	2016-17		
2 <sup>nd</sup>					
3 <sup>rd</sup>	Nandini Tyagi	BDS	2018-19		

Poster Competition					
Position	Names	Course	Batch		
1 <sup>st</sup>	Shivani Aggarwal	BDS	2017-18		

2 <sup>nd</sup>	Ujjwal	BDS	2017-18
3 <sup>rd</sup>	Jyoti Mangla	MBBS	2018-19

### Best Batch Award- 2016 Batch

Anchal

Choudhary Vidushi Bhardwaj Miss Aura 2k19 2015-16 **MBBS** 

Student Of The

Year **MBBS** 2015-16

# SANTOSH Deemed to be University