



**SANTOSH DEEMED TO BE UNIVERSITY SANTOSH**

**SANTOSH MEDICAL COLLEGE**

**VALUE ADDED COURSE**

<b>Name of Course</b>	:	Adolescent Health		
<b>Course Code</b>	:	VAC - 36		
<b>Department</b>	:	Paediatrics		
<b>Eligibility</b>	:	All Doctors / Interns can attend		
<b>Duration</b>	:	16 Hours		
<b>Program Dates and Time</b>		Batch 1	Batch 2	Time
		02.01.2021	04.12.2021	12:30 PM to 3:30 PM
		09.01.2021	05.12.2021	12:30 PM to 3:30 PM
		23.01.2021	11.12.2021	12:30 PM to 3:30 PM
		30.01.2021	12.12.2021	12:30 PM to 3:30 PM
		13.02.2021	18.12.2021	12:30 PM to 3:30 PM
<b>Course Content</b>	:	<p>02-01-2021            ) Welcome Introduction and Pre Test ☐ Definition of adolescent and why there is need to discuss with adolescent differently ☐ Physical Sexual and Psycho-social change in adolescents and their implications ☐ Adolescent Friendly health services ☐ How to communicate with adolescent</p> <p>09-01-2021            ) Factors affecting growth, nutrition and anemia and their consequences ☐ Sexuality concerns (definitions and myths) ☐ Menstrual cycle, hygiene and related problems ☐ Teen pregnancy and illegal abortions and consequences</p> <p>23-01-2021            ) Medical problems – specific adolescent ☐ Life skill ☐ Polycystic ovarian syndrome (PCOS) ☐ History taking and examination in adolescents ☐ Introduction of Job aids 30-01-2021            ) RTVSTV/HIV Prevention ☐ Sleep hygiene ☐ Vaccines for adolescents ☐ Emergency contraceptives</p> <p>13-02-2021            ) Recognition and management of suicidal tendencies and drug abuse ☐ Adolescent depression</p>		
<b>HOD Name / Contact details</b>	:	Dr Alka Agrawal		
<b>Course Coordinator / Contact details</b>	:	Dr. Veenu		
<b>Maximum Student in Batch</b>	:	40		
<b>Last Date of Registration</b>	:	Batch 1 – 28.12.2020 Batch 2 – 01.12.2020		