

(Established u/s 3 of the UGC Act, 1956)

	Tobacco Cessa	tion Counseling Program		
	2	018 - 2019		
	Public Health Dentistry			
S No	Student Enrollment Number	Name of the student		
1	950216001	Akanksha Harit		
2	950216002	Amisha Yadav		
3	950216004	Arushi Saxena		
4	950216005	Anurag Aditya		
. 5	950216007	Deepa Jha		
6	950216008	Fatima Khan		
7	950216009	Himadri Pandey		
8	950216010	Jyoti Munde		
9	950216011	Jyotsna Sharma		
10	950216013	Nishant Sharma		
11	950216014	Oriba Hussain		
12	950216015	Pawan Chauhan		
13	950216016	Prachi Verma		
14	950216017	Richa Sharma		
15	950216018	Rishabh Raghav		
16	950216019	Sameer Ahmed	<u></u>	
17	950216023	Tushar Verma		
18	950216024	Vidushi Goel		
19	950216025	Vipul Sharma		

Tobacco Cessation Counseling Program				
	2018 - 2019			
	4	Health Dentistry		
S No	Student Enrollment Number	Name of the student		
20	950216028	Nazish Naushad		
21	950217001	Aayat Alisha Shaheen		
22	950217003	Adiba Khanam		
23	950217005	Ahram Urooj		
24	950217007	Alliya Khan		
25	950217011	Arunoday Kumar Singh		
26	950217014	Deeksha Chauhan		
27	950217017	Gunjan Sharma		
28	950217020	Himanshi Shukla		
29	950217021	Isha Srivastava		
30	950217024	Karan Gupta		
31	950217025	Keerthana S Pillai		
32	950217026	Kirti Chawla		
33	950217028	Kundan Yadav		
34	950217029	Lalit Kumar		
35	950217034	Nidhi		
36	950217035	Nidhi Aggarwal		
37	950217037	Priyanshi Verma		
38	950217040	Rohit Sahay		
39	950217041	Ruchika Vashisth		
40	950217042	Sachin Kumar		
41	950217044	Sanjana Baisoya		

	Tobacco Cessation Counseling Program			
	2018 - 2019			
		Health Dentistry		
S No	Student Enrollment Number	Name of the student		
42	950217045	Sanskriti Singh		
43	950217048	Satish Kumar Singh		
44	950217050	Shruti Chaudhari		
45	950217053	Sneha Sharma		
46	950217056	Traesa Maharana		
47	950217058	Ujjwal		
48	950217060	Vanshika Pawar		
49	950217061	Wasim Khan		
50	950217062	Yukta Srivastava		
51	950217063	Zuneerah Khan		
52	950216204	Dr. Charanpreet Kaur Wadhwa		
53	950216206	Dr. Kirti Yadav		
54	950216207	Dr. Saurabh Bhardwaj		
55	950216213	Dr. Nahid Iftikhar		
56	950216214	Dr. Shafali Singh		
57	950216215	Dr. Shoborose Tantray		
58	950216216	Dr. Taruna Kumari		
59	950217203	Dr. Nikita Jain		
60	950217206	Dr. Shalu Maan		
61	950217208	Dr. Shabih Fatima		
62	950218001	Aarti Koli		
63	950218002	Aayushi Bhardwaj		

	Tobacco Cessa	tion Counseling Program	
2018 - 2019			
		Health Dentistry	
S No	Student Enrollment Number	Name of the student	
64	950218003	Afreen Ali	
65	950218004	Akanksha Prakash	
66	950218005	Akshi Singh	
67	950218006	Alankrit Gupta	
68	950218007	Amisha Dewan	
69	950218008	Ananya Mondal	
70	950218009	Anjali Kumari	
71	950218010	Anushka Singh	
72	950218011	Apoorva Singh	
73	950218012	Apurba Chakma	
74	950218013	Archana Kumari Mahato	
75	950218014	Arjun Yadav	
76	950218015	Avi Dwivedi	
77	950218016	Avritti Sarkar	
78	950218017	Deepanshi Srivastava	
79	950218018	Dherendra Bhati	
80	950218019	Drishti Adhikari	
81	950218020	Gaurav Jaswani	
82	950218021	Harsh	
83	• 950218022	Ali Humaid Sabir	
84	950218023	Ishan Srivastava	
85	950218024	Jyoti Yadav	

	Tobacco Cessation Counseling Program			
	2018 - 2019			
		lealth Dentistry		
S No	Student Enrollment Number	Name of the student		
86	950218025	Kajal Baisoya		
87	950218026	Kajal Singh		
88	950218027	Kamini		
89	950218028	Kanishka Awasthi		
90	950218029	Kriti Pandey		
91	950218030	Kritika Singh		
92	950218031	Kshitej Malhotra		
93	950218032	Madhusmita Karmakar		
94	950218033	Madhvi Shukla		
95	950218034	Mannat Singh		
96	950218035	Manvi Sharma		
97	950218036	Maria		
98	950218037	Mayank Chaudhary		
99	950218038	Mohd Moonis Rais Khan		
100	950218039	Mohit Singh Kothari		
101	950218040	Muskaan Sachdeva		
102	950218041	Nadir Shah Badar		
103	950218042	Neil Mishra		
104	950218043	Nidhi		
105	950218044	Nikhil Bawara		
106	950218045	Parth Chaurasia		
107	950218046	Payal Verma		



DEPARTMENT OF PUBLIC HEALTH DENTISTRY

VALUE-ADDED PROGRAM

REPORT- Tobacco Cessation Counselling Course

The Tobacco Cessation Counseling(TCC) Program, organized by the Department of Public Health Dentistry at Santosh Dental College & Hospital, aimed to equip BDS students with the necessary skills and knowledge to effectively counsel individuals seeking to quit tobacco use. The 16-hour online program was conducted thrice (20th Oct 2018 to 10th Nov 2018, 17th Nov 2018 to 08th Dec 2018, and 15th Nov 2018 to 05th Jan 2019)to ensure widespread participation and accessibility for students. Interactive lectures, case studies, and group discussions were employed to foster active engagement and facilitate experiential learning. The program was structured to cover essential aspects of counseling techniques, prevention strategies, and holistic approaches to tobacco cessation. It was facilitated by distinguished faculty members from the department.

Dr. Archana Aggarwal (Prof & HOD) provided an insightful introduction to the significance of TCC, emphasizing the role of dental professionals in combating tobacco-related diseases. She elaborated on the 5 A's approach (Ask, Advise, Assess, Assist, Arrange) in counseling, providing students with a structured framework to effectively engage with tobacco users and facilitate behavior change. Dr. Priyanka Bhushan (Reader) delved into the 5 R's approach (Relevance, Risks, Rewards, Roadblocks, Repetition) in counseling, emphasizing the importance of addressing individual motivations and barriers in the cessation journey. Additionally, she elucidated various prevention strategies, including community-based interventions, policy advocacy, and educational campaigns, to address the root causes of tobacco use and prevent initiation among vulnerable populations.

The TCC program received overwhelming participation from BDS students (80%), reflecting their keen interest in public health initiatives and tobacco control efforts. Participants gained valuable insights into counseling techniques, prevention strategies, and ethical considerations in tobacco cessation interventions.

The TCC program at Santosh Dental College & Hospital exemplifies the institution's commitment to holistic dental education and community-oriented healthcare. By equipping future dental professionals with the requisite skills and knowledge to address tobacco dependence, the program contributes significantly to the promotion of oral health and the prevention of tobacco-related morbidity and mortality. This report encapsulates the key highlights and outcomes of the TCC Program conducted by the Department of Public Health Dentistry at Santosh Dental College & Hospital.

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REGISTRAR &



SANTOSH DENTAL COLLEGE & HOSPITAL DEPARTMENT OF PUBLIC HEALTH DENTISTRY VALUE ADDED PROGRAM

"TOBACCO CESSATION COUNSELING PROGRAM"

Registration - 1st Nov 2018 to 15th Nov 2018

Program - 17th Nov 2018 to 08th Dec 2018

Details of Duration with time - 16 Hrs

Venue - Online

No. of Students (Maximum in a batch) - 150 Participants

Participants - Eligibility BDS Students

Course-

INTRODUCTION -

Dr. Archana Aggarwal- (Prof & HOD)

5 A'S OF COUNSELLING- Dr. Archana Aggarwal (Prof & HOD)

5 R'S OF COUNSELLING - Dr. Priyanka Bhushan (READER)

PREVENTION – Dr. Priyanka Bhushan (READER)

REGISTRAR EN



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Value Added Certificate Course

This is to certify	/thatA	kanksha Harit
of	BDS	has
UI		

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	y that	Amisha Yadav
of	BDS	_has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that	Arushi Saxena	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	y that	Anurag Aditya	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	y that	Deepa Jha	
•	-		
of	<u>BDS</u>	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	/that	Fatima Khan	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	/thatHir	nadri Pandey
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department



This is to certify that		Jyoti Munde	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	fy that <u>Jy</u>	otsna Sharma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that_ <u>Ni</u>	shant Sharma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that_		Oriba Hussain
of	BDS	has
OI	טטט	IIaS

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	/that_ <u>Pav</u>	van Chauhan
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Prachi Verma	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		icha Sharma	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that Risl	habh Raghav
of BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Sameer Ahmed	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Tushar Verma	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department



This is to certify that		Vidushi Goel	<u>-</u>
	-		
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department



This is to certify that_		Vipul Sharma
of	BDS	₋ has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department Public Health Dentistry

Arda.



This is to certify that		Nazish Naushad
_	,	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Aayat Alisha	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Adiba Khanam	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Deepika	
of	BDS	has	
01	DD3	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Aamir Khan	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Aanchal Gupta
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department



This is to certify that		Aayush	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department



This is to certify that		Abdul	Aahad
o.f	BDS		1
of	סחס		has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department



This is to certify that		Aastha Rana	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

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Course Director

Head of the Department



This is to certify	ythatAl	ohay Chaudhary
•		
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Abhilasha Sinha	
of	BDS	hae	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Aditya Maitra	
of	BDS	has	-

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify	thatA	man Pratap Singh
•		
of	BDS	has

completed 16 hours of Value Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Ahram Urooj
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Alliya Khan	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that	Arunoday Kumar	
of	BDS	has	
completed 16 hours	of Value-	Added Certificate cour	se

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to ce	rtify that <u> </u>	eksha Chauhan	
of	BDS	has	
completed 16 hou	rs of Value-Ac	dded Certificate co	ourse

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify that		unjan Sharma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		manshi Shukla
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Isha Srivastava
of BDS		has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arda.



This is to certify that		Karan Gupta
of BDS		has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arda



This is to certify	y thatKee	rthana S Pillai
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

REGIGIRAR **



This is to certify that_	Saumya Singh
_	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

18/15/S



This is to certify that_	Shashtika Bhardwaj

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Shivam Bhati
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Shourjo Sarkar
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

GHAT TO SAN



This is to certify that_	Shriya Gupta

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardina



This is to certif	y that	Siddharth
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna



This is to certify that		Soma Rai
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Srishti	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardia



This is to certify	thatSu	deshna Mandal
_	D D D	
of	BDS	_has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

REGISTRAR *



This is to certify that		Sumit Yadav	
nf	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Supriya Singh
	o on the contract of the contr	
of	RDC	hac

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

CHECKER CHECKE



This is to certify that		Tanu Yadav	
•	abo uncongest		_
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that_		Tanya Burman
of	RDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

GHAZABHO IS



This is to certify that		Tanya Katyal
of		has
of	BDS	₋ has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	that	Trijya Prakash
of	RDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

REGISTER A



This is to certify that		ditanshu Singh
	- Juneary	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

REGISTRAR #



This is to certify	that	Yash Malik	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

REGISTRAR ARAD NGRUM



This is to certify	that	Yukta Chanana
o f	PDC	hac

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	that	Zikra Farooq
of	BDS	has

completed 16 hours of Value Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certif	y thatA	bhishek Mishra
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	y that	Ajeet	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

RO C.



This is to certify that		Aman Singh
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Angad Sharma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Anjali	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Anju	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Anubhi Singh
Ωf	BDC :	hac

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

ATA VO



This is to certify that		narat Bidhuri
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		iavna Tanwar
_		
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

HEGISTRAIR **



This is to certify that		Danish Salim	
of	RDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Dipanjan Deb	
-£	BDS	hoo	
ΩŤ	סטס ו	has	

completed 16 hours of Value Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aro C. STRAIR



This is to certify that		Dolly	
_	- Parkers		
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardia



This is to certify that		Himanshi
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arv Head of the l



This is to certify that_	Ilham Abdulsamad
, -	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardina



This is to certify that		Iqra Samar	
of	RDS	has	
01	שטט	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that_	Jaspreet Kaur Virdi
	A Principal Control of the Control o

of____has

completed 16 hours of Value Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Jaya Luthra
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head o



This is to certify that		Juli Kumari
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of



This is to certif	y that <u>Kan</u>	Kanishka Gautam	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify	y thatKm :	Sweta Maurya
•	Second Se	
of	BDS	has

completed 16 hours of Value Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna



This is to certify that		Komal Verma	
,		h	
OŤ.	BDS	has	

completed 16 hours of Value Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that	Krishna Pratap Singh

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardin



This is to certify that		Kritima	
o.f	RDS	hoo	
01	DD3	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruno



This is to certify that		L J Deepti
_	, and the second	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that		Lalit Bidhuri
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

K2/6/5



This is to certify that	Mayank Mishra
-	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arvina



This is to certify that	<u> Mohammad Danish</u>

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A CONTROL OF THE PROPERTY OF T



This is to certify that_	Mohd Talha

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Helicon Harman



This is to certify t	hat Mohit	Kumar Biswas
,	······································	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

AND S X STREET



This is to certif	y thatN	ancy Verma
	-	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that_	Nandita Bansal
	24-A 100 - CC

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A Comment of the comm



This is to certify that		Nazia Sagir
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A Co



This is to	certify that	Pallavi Kaushik	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

May of the second secon

Head of the Department Public Health Dentistry

Ardia.



This is to certify that		Pooja Divya
	- acceptance	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Priya Yadav
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that_	Ramya Kumari
of BD	- Perancipalization

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Ravi Mohan	
			-
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that	Rishad Sharma

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that	Rohit Shrivastava
	You can want of the can want o

of_____bDS___has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardin



This is to certify that		Sapna Verma	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of



This is to certify	/thatSay	yed Maryam
•	-	
_£	DDC	h a a

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Jak Company



This is to ce	rtify that	Shailender	Vasisth

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

10/00 m



This is to certify	/ that	Shailja Garg
•		
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that	Shruti Gupta

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head



This is to certif	y that	Shruti Jain
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	y that	Srishti Dua	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	Sushmita	·	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that_	Tanya Rastogi
	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

<u>_</u>α.

Course Director



This is to certify that		Tashu Garg		
o.f	BUG	haa		

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Departr



This is to certif	y that	Tripti Aggarwal
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ard



This is to certify	Tushar Nandi	
of	BDS	_has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aru



This is t	to d	certify	that	Ubaid	Ul	Islam	Wani

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aron



This is to certify	Umar Farooq	
•		
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

AD GS

Course Director



This is to certify t	:hat_	Uroosa	Tabassum

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

_a.

Course Director



This is to certify that		<u>Vaishali</u>	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Ard-a.

Course Director



This is to certify	v that	Vidushi Sachdeva
	,	

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Arda.

Course Director



This is to certify that		Vipin	
of	BDS	_has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

fruna.

Course Director



This is to certify that	Vipin Singh
-------------------------	-------------

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

<u>_</u>α.

Course Director



This is to certify that_	Vishal Gautam
, -	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

A S P C

Course Director



This is to	certify	that	Abhishek Puri
	,		

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Aruna.

Course Director



This is to certify that_	Aditya Khera
, -	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Aruna.

Course Director



This is to certif	y that	Akansha Saini	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Aruna

Head of the Department Public Health Dentistry

Course Director



This is to certify that	Anisha Rohilla
-------------------------	----------------

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

<u>م</u>د.

Course Director



This is to certify that		Apoorv Sharma
of	RDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arvia



This is to certify	that	Deepak Verma

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Ardin

Course Director



This is to	certify	that	Dhruv	Dagur
	-			

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Aruna

Course Director



This is to certify thatDiksha Dwivedi	This is to certify that	Diksha Dwivedi
---------------------------------------	-------------------------	----------------

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Hand of the Depart



This is to certify that_	Himani Kaushik
_	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Hood of the Depart



This is to certify	that	Junaid Malik	
of	BDS	_has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Ardia

Course Director



This is to certif	fy that	Kavita Singh	
- £	BDS	haa	
of	סטס	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that Khush	nboo Bansal
of BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify that		Mahima Kalra
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Neeha Raghav	
o.f	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify that_	Parul Maandan

of BDS___has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Aruna

Course Director



This is to certify	thatPr	abodh Pandey
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arci



This is to certify that	Pranay Prasad
,	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Aruna

Course Director



This is to certify that_		Pratiksha Gupta
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify that		Praveen	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arus



This is to certify that_		Surbhi Sharma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Arvina.

Public Health Dentistry



This is to certify that		Lipika Sharma	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



(Established u/s 3 of the UGC Act, 1956)

Tobacco Cessation Counseling Program 2018 - 2019

Public Health Dentistry

S No	Student Enrollment Number	Name of the student
1	950214003	Akancha Kumari
2	950214008	Anju Akoijam
3	950214009	Ankur Malhotra
4	950214011	Ashima Varshney
5	950214012	Avisha Yadav
6	950214015	Bhawna Verma
7	950214016	Chandrika Bhateja
8	950214020	Gaurav Pandey
9	950214021	Gunjan Dwivedi
10	950214022	Hiba Khalid
11	950214030	Km Lalita Yadav
12	950214031	Km Pragya
13	950214032	Km Savita Chouhan
14	950214041	Mohd Asif
15	950214042	Mohd Kashif
16	950214048	Nazma
17	950214049	Neha Singh
18	950214050	Neha Yadav

Tobacco Cessation Counseling Program 2018 - 2019

Public Health Dentistry

S No	Student Enrollment Number	Name of the student
19	950214051	Nidhi Yadav
20	950214052	Nikita Garg
21	950214053	Nitesh Kumar
22	950214054	Nutan Kumari
23	950214057	Prateek Kumar
24	950214058	Pratik Jha
25	950214059	Preshtha
26	950214061	Priyanka Gaba
27	950214064	Rishabh Solanki
28	950214066	Robin Naagar
29	950214072	Sharad Kumar
30	950214073	Shiv Kumar Maheshwari
31	950214074	Shristi Agarwal
32	950214077	Simran Saxena
33	950214078	Sonakshi Rastogi
34	950214079	Sonam Yadav
35	950214081	Sumaiyya
36	950214082	Susan Jency Jacob
37	950214083	Sushant Sharma
38	950214093	Vaishali Rai Sharma
39	950214095	Vikas Pal
40	950214096	Vikrant Gupta

Tobacco Cessation Counseling Program 2018 - 2019 Public Health Dentistry

S No	Student Enrollment Number	Name of the student
41	950214100	Yashika Dagur
42	950215001	Aamir Khan
43	950215002	Aanchal Gupta
44	950215003	Aastha Rana
45	950215004	Aayush
46	950215005	Abdul Aahad
47	950215006	Abhay Chaudhary
48	950215007	Abhilasha Sinha
49	950215010	Aditya Maitra
50	950215012	Aman Pratap Singh
51	950215013	Amar Kant Gautam
52	950215016	Aprajita Yadav
53	950215017	Apurva Chaudhary
54	950215018	Arunima
55	950215019	Ashar Mojahid
56	950215020	Ashok Kumar
57	950215021	Anuj Kumar
58	950215023	Deepika
59	950215024 +	Deepti ,
60	950215027	Dimple Sharma
61	950215028	Divyanshi Tyagi
62	950215029	Gule Zehra

Tobacco Cessation Counseling Program 2018 - 2019

Public Health Dentistry

S No	Student Enrollment Number	Name of the student
63	950215030	Haobam Kethabi Devi
64	950215032	Himanshi Kaushik
65	950215034	Jyoti Kumari
66	950215036	Jyoti Yadav D/O. Ausan Singh Yadav
67	950215037	Kaniksha Jarwal
68	950215038	Kapil Ahuja
69	950215041	Lalit Bidhuri
70	950215043	Mahima Kapoor
71	950215044	Manish Yadav
72	950215045	Manjula Verma
73	950215046	Mayank Pal
74	950215047	Mohammad Junaid
75	950215049	Mukesh Kumar
76	950215050	Namrata Agrawal
77	950215052	Nikita Pal
78	950215053	Nisha
79	950215059	Preeti Nagar
80	950215061	Priya
81	950215062 ,	Priya Sharma
82	950215063	Priyanshi Kaushik
83	950215065	Radhika Sharma
84	950215066	Rajat Sharma

Tobacco Cessation Counseling Program 2018 - 2019 Public Health Dentistry

S No	Student Enrollment Number	Name of the student	
85	950215067	Rakhi Bhardwaj	
86	950215068	Rakshika Jain	
87	950215069	Rashika Singh	
88	950215070	Rishab Dhawan	
89	950215071	Ritu Sharma	
90	950215073	Sandhya Singh	
91	950215074	Sarika Verma	
92	950215075	Sarita Mishra	
93	950215076	Satyam Chaturvedi	
94	950215077	Saurav Singhal	
95	950215078	Shivangi Singh	
96	950215080	Siddharth Chauhan	
97	950215081	Simran Kaur	
98	950215083	Simran Yadav	
99	950215086	Suvigya Sharma	
100	950215087	Swapnil Saha	
101	950215089	Sweta Anand	
102	950215090	Tanya Chauhan	
103	• 950215091	Tanya Sahai	
104	950215092	Tarun Pal	
105	950215095	Urvashi Tomar	
106	950215096	Vijaya Raman J S	

EGNAZIO

Tobacco Cessation Counseling Program 2018 - 2019 Public Health Dentistry

S No	Student Enrollment Number	Name of the student
107	950215098	Wania Jahan
108	950215099	Zainfee Zarif Ansari





DEPARTMENT OF PUBLIC HEALTH DENTISTRY

VALUE-ADDED PROGRAM

REPORT- Tobacco Cessation Counselling Course

The Tobacco Cessation Counseling(TCC) Program, organized by the Department of Public Health Dentistry at Santosh Dental College & Hospital, aimed to equip BDS students with the necessary skills and knowledge to effectively counsel individuals seeking to quit tobacco use. The 16-hour online program was conducted thrice (20th Oct 2018 to 10th Nov 2018, 17th Nov 2018 to 08th Dec 2018, and 15th Nov 2018 to 05th Jan 2019) to ensure widespread participation and accessibility for students. Interactive lectures, case studies, and group discussions were employed to foster active engagement and facilitate experiential learning. The program was structured to cover essential aspects of counseling techniques, prevention strategies, and holistic approaches to tobacco cessation. It was facilitated by distinguished faculty members from the department.

Dr. Archana Aggarwal (Prof & HOD) provided an insightful introduction to the significance of TCC, emphasizing the role of dental professionals in combating tobacco-related diseases. She elaborated on the 5 A's approach (Ask, Advise, Assess, Assist, Arrange) in counseling, providing students with a structured framework to effectively engage with tobacco users and facilitate behavior change. Dr. Priyanka Bhushan (Reader) delved into the 5 R's approach (Relevance, Risks, Rewards, Roadblocks, Repetition) in counseling, emphasizing the importance of addressing individual motivations and barriers in the cessation journey. Additionally, she elucidated various prevention strategies, including community-based interventions, policy advocacy, and educational campaigns, to address the root causes of tobacco use and prevent initiation among vulnerable populations.

The TCC program received overwhelming participation from BDS students (80%), reflecting their keen interest in public health initiatives and tobacco control efforts. Participants gained valuable insights into counseling techniques, prevention strategies, and ethical considerations in tobacco cessation interventions.

The TCC program at Santosh Dental College & Hospital exemplifies the institution's commitment to holistic dental education and community-oriented healthcare. By equipping future dental professionals with the requisite skills and knowledge to address tobacco dependence, the program contributes significantly to the promotion of oral health and the prevention of tobacco-related morbidity and mortality. This report encapsulates the key highlights and outcomes of the TCC Program conducted by the Department of Public Health Dentistry at Santosh Dental College & Hospital.

Ingular





SANTOSH DENTAL COLLEGE & HOSPITAL DEPARTMENT OF PUBLIC HEALTH DENTISTRY VALUE ADDED PROGRAM

"TOBACCO CESSATION COUNSELING PROGRAM"

Registration - 1st Oct 2018 to 15th Oct 2018

Program - 20th Oct 2018 to 10th Nov 2018

Details of Duration with time - 16 Hrs

Venue - Online

No. of Students (Maximum in a batch) - 150 Participants

Participants - Eligibility BDS Students

Course-

INTRODUCTION -

Dr. Archana Aggarwal- (Prof & HOD)

5 A'S OF COUNSELLING- Dr. Archana Aggarwal (Prof & HOD)

5 R'S OF COUNSELLING - Dr. Priyanka Bhushan (READER)

PREVENTION – Dr. Priyanka Bhushan (READER)

bolas



This is to certify	that	Akancha Kumari
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	that	Anju Akoijam
of	BDS	_has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	that	Ankur Malhotra
_	222	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	that	Bhawna Verma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certi	fy that_ <u>Ash</u>	ima Varshney
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y thatA	wisha Yadav
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	that	Gunjan Dwivedi	
of	BDS	has	
O1		iiuu	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to	certify that	Chandrika Bhateja
	•	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Gaurav Pandey
of	BDS	has
OI		nas

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Hiba Khalid	_
_	, nno		_
O†	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify the	natK	m Lalita Yadav	
of	BDS	_has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Km Pragya	
of	BDS	₋ has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to co	ertify that_	Km Savita	Chouhan
	,		

BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry





This is to certify that		Mohd Asif	
	_	!	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Mohd Kashif
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Nazma	
	-		
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Neha Singh	_
			-
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Neha Yadav	
Of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Nidhi Yadav	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Nikita Garg
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	that	Nitesh Kumar
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certif	fy that	Nutan Kumari
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	y that	Prateek Kumar
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Pratik Jha	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Preshtha	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	y that	Priyanka Gaba
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	y thatRi	shabh Solanki	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certif	y that	Robin Naagar	_
	-		-
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	that	Sharad Kumar	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certif	y thatSon	iakshi Rastogi
	-	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	y that	Shiv Kumar	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify	that	Shristi Agarwal
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certif	y thatSir	mran Saxena
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	that	Sonam Yadav
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	fy that	Sumaiyya	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This	is to	certify	that_	Susan Jend	y Jacob
		-			

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is	to	certify that	 Sushant Sharma
		•	
			 _

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to c	ertify that	Vaishali Rai Sharma
	,	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Vikas Pal	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	that	Vikrant Gupta
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify that		'ashika Dagur	
•	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that	Amar Kant Gautam
of P.	DS bas

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify	y that	Aprajita Yadav	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to	certify that_	Apurva Chaudhary
	•	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Arunima	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	/ that/	Ashar Mojahid	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	y that	Ashok Kumar	
- £	RDS	l	
ОТ	RD2	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Anuj Kumar	
•			
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arda.



This is to certify that		Deepti	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Departm



This is to certif	y that	Dimple Sharma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of



This is to certify	thatD	ivyanshi Tyagi
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Gule Zehra	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify	y thatHa	obam Kethabi	-
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

REGISTRAR *



This is to certify th	nat Himansi	ni Kausnik
of	BDS	_has
completed 16 hours of	Value-Added	Certificate course
on Tobacco Cess a	ation Counsel	lling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Depa



This is to certif	y that	Jyoti Kumari	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that	Jyoti Yadav	
of	BDS	has	
VI		rias	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna



This is to certify	/ that	Kaniksha Jarwal
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna



This is to certify	that	Kapil Ahuja	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of th



This is to certify that_		Lalit Bidhuri	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certi	fy that	Mahima Kapoor	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	y that	Manish Yadav	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that	tManjula Verma_	
ofB	BDShas	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that	Mayank Pal	
of	BDS	has	
UI	טטט		

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the



This is to certify that	Mohammad Junaid
	1234000000000000000000000000000000000000

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Mukesh Kumar
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y thatNa	amrata Agrawal
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

J.



This is to certif	y that	Nikita Pal	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head



This is to certify	/ that	Nisha	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that	Preeti Nagar	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Priya	
of	BDS	hae	
OŤ	RD2	_has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	that	Priya Sharma	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	/that	Priyanshi Kaushik
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	/thatR	adhika Sharma
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Rajat Sha	arma
of_	BD:	<u>S</u> ha	IS
completed 16 ho	ours of Valu	ie-Added Ce	rtificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	/ that	Rakhi Bhardwaj
of	RDS	has
O1	טטט	IIas

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Rakshika Jain	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arvino



This is to certify that		Rashika Singh	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Rishab Dhawan	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Ritu Sharma
of	BDS	has
O1		.100

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that_		Sandhya Singh
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Sarika Verma	_
·			_
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Sarita Mishra
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arda Arda



This is to	certify th	nat	Satyam	<u>Chaturvedi</u>	
	•				

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Saurav Singhal
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Shivangi Singh
of	BDS	has
O1		IIQS

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to	certify that_	Siddharth Chauhan
	, ,	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of t



This is to certify that		Simran Kaur
of	BDS	haa
OI	DD3	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Lold 1



This is to certify	y that	Simran Yadav	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arune Arune



This is to cert	tify that	Suvigya Sharma	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that	Swapnil Saha	_
- .	BDS	I	-
ОТ	BD9	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that		Sweta Anand	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that	Tanya Chauhan
, <u> </u>	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

REGISTORS &



This is to certify that		Tanya Sahai	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Tarun Pal	
_	BDS	haia	
of	<u> </u>	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

J. Kry



This is to certify that		Urvashi Tomar
•		
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	thatVi	jaya Raman J S	_
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Wania Jahan	
	-		
of	<u>BDS</u>	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

holds.



This is to certify that_	Zainfee Zarif Ansari
•	
ofBD	<u>)S</u> has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Joseph S



(Established u/s 3 of the UGC Act, 1956)

Tobacco Cessa	tion Counseling Program	
2	2018 - 2019	
	Health Dentistry	
S No Student Enrollment Name of the student		
950218047	Pooja Yadav	
950218048	Prabal Borgohain	
950218049	Ravi Kumar	
950218050	Ravi Raj	
950218051	Riya Chaudhary	
950218052	Ronita Dey	
950218053	Ruchika Choudhary	
950218054	S Sanjana	
950218055	Sachin Kumar	
950218056	Sadaf Zia	
950218057	Saksham Kharbanda	
950218058	Saumya Singh	
950218059	Shashtika Bhardwaj	
950218060	Shivam Bhati	
950218061	Shourjo Sarkar Munsi	
950218062	Shriya Gupta	
950218063	Siddharth Buragohain	
950218064	Soma Rai	
950218065	Srishti	
950218066	Sudeshna Mandal	
	Public Student Enrollment Number 950218047 950218048 950218049 950218050 950218051 950218052 950218053 950218055 950218055 950218056 950218057 950218058 950218069 950218061 950218062 950218064 950218064	

	Tobacco Cessation Counseling Program		
	20	018 - 2019	
	Y	lealth Dentistry	
S No	Student Enrollment Name of the student		
21	950218067	Sumit Yadav	
22	950218068	Supriya Singh	
23	950218069	Tanu Yadav	
24	950218070	Tanya Burman	
25	950218071	Tanya Katyal	
26	950218072	Trijya Prakash	
27	950218073	Uditanshu Singh Rathore	
28	950218074	Yash Malik	
29	950218075	Yukta Chanana	
30	950218076	Zikra Farooq	
31	950214001	Abhishek Mishra	
32	950214002	Ajeet	
33	950214004	Aman Singh	
34	950214005	Angad Sharma	
35	950214006	Anjali	
36	950214007	Anju	
37	950214010	Anubhi Singh	
38	950214013	Bharat Bidhuri	
39	950214014	Bhavna Tanwar	
٠ 40	950214017	Danish Salim	
41	950214018	Dipanjan Deb	
42	950214019	Dolly	

> hy 6/5

	Tobacco Cessat	tion Counseling Program		
	2	018 - 2019		
	Public Health Dentistry			
S No	Student Enrollment Number	Name of the student		
43	950214023	Himanshi		
44	950214024	Ilham Abdulsamad Khatib		
45	950214025	Iqra Samar		
46	950214026	Jaspreet Kaur Virdi		
47	950214027	Jaya Luthra		
48	950214028	Juli Kumari		
49	950214029	Kanishka Gautam		
50	950214033	Km Sweta Maurya		
51	950214034	Komal Verma		
52	950214035	Krishna Pratap Singh		
53	950214036	Kritima		
54	950214037	L J Deepti		
55	950214038	Lalit Bidhuri		
56	950214039	Mayank Mishra		
57	950214040	Mohammad Danish		
58	950214043	Mohd Talha		
59	950214044	Mohit Kumar Biswas		
60	950214045	Nancy Verma		
61	950214046	Nandita Bansal		
62	950214047	Nazia Sagir '		
63	950214055	Pallavi Kaushik		
64	950214056	Pooja Divya		

	· 2	018 - 2019	
Public Health Dentistry			
S No Student Enrollment Name of the student			
65	950214060	Priya Yadav	
66	950214062	Ramya Kumari	
67	950214063	Ravi Mohan	
68	950214065	Rishad Sharma	
69	950214067	Rohit Shrivastava	
70	950214068	Sapna Verma	
71	950214069	Sayyed Maryam Sultana	
72	950214070	Shailender Vasisth	
73	950214071	Shailja Garg	
74	950214075	Shruti Gupta	
75	950214076	Shruti Jain	
76	950214080	Srishti Dua	
77	950214084	Sushmita	
78	950214085	Tanya Rastogi	
79	950214086	Tashu Garg	
80	950214087	Tripti Aggarwal	
81	950214088	Tushar Nandi	
82	950214089	Ubaid Ul Islam Wani	
83	950214090	Umar Farooq	
84	950214091 ⁻	Uroosa Tabassum *	
85	950214092	Vaishali	
86	950214094	Vidushi Sachdeva	



		018 - 2019 Health Dentistry			
S No Student Enrollment Name of the student					
87	950214097	Vipin			
88	950214098	Vipin Singh			
89	950214099	Vishal Gautam			
90	950215008	Abhishek Puri			
91	950215009	Aditya Khera			
92	950215011	Akansha Saini			
93	950215014	Anisha Rohilla			
94	950215015	Apoorv Sharma			
95	950215022	Deepak Verma			
96	950215025	Dhruv Dagur			
97	950215026	Diksha Dwivedi			
98	950215031	Himani Kaushik			
99	950215033	Junaid Malik			
100	950215039	Kavita Singh			
101	950215040	Khushboo Bansal			
102	950215042	Mahima Kalra			
103	950215051	Neeha Raghav			
104	950215054	Parul Maandan			
105	950215055	Prabodh Pandey			
106	950215056	Pranay Prasad Tandon			
107	950215057	Pratiksha Gupta			
108	950215058	Praveen			

	Tobacco Cessat	ion Counseling Program
	2	018 - 2019
	Public I	Health Dentistry
S No	Student Enrollment Number	Name of the student
109	950215085	Surbhi Sharma
110	950217030	Lipika Sharma





DEPARTMENT OF PUBLIC HEALTH DENTISTRY

VALUE-ADDED PROGRAM

REPORT- Tobacco Cessation Counselling Course

The Tobacco Cessation Counseling(TCC) Program, organized by the Department of Public Health Dentistry at Santosh Dental College & Hospital, aimed to equip BDS students with the necessary skills and knowledge to effectively counsel individuals seeking to quit tobacco use. The 16-hour online program was conducted thrice (20th Oct 2018 to 10th Nov 2018, 17th Nov 2018 to 08th Dec 2018, and 15th Nov 2018 to 05th Jan 2019) to ensure widespread participation and accessibility for students. Interactive lectures, case studies, and group discussions were employed to foster active engagement and facilitate experiential learning. The program was structured to cover essential aspects of counseling techniques, prevention strategies, and holistic approaches to tobacco cessation. It was facilitated by distinguished faculty members from the department.

Dr. Archana Aggarwal (Prof & HOD) provided an insightful introduction to the significance of TCC, emphasizing the role of dental professionals in combating tobacco-related diseases. She elaborated on the 5 A's approach (Ask, Advise, Assess, Assist, Arrange) in counseling, providing students with a structured framework to effectively engage with tobacco users and facilitate behavior change. Dr. Priyanka Bhushan (Reader) delved into the 5 R's approach (Relevance, Risks, Rewards, Roadblocks, Repetition) in counseling, emphasizing the importance of addressing individual motivations and barriers in the cessation journey. Additionally, she elucidated various prevention strategies, including community-based interventions, policy advocacy, and educational campaigns, to address the root causes of tobacco use and prevent initiation among vulnerable populations.

The TCC program received overwhelming participation from BDS students (80%), reflecting their keen interest in public health initiatives and tobacco control efforts. Participants gained valuable insights into counseling techniques, prevention strategies, and ethical considerations in tobacco cessation interventions.

The TCC program at Santosh Dental College & Hospital exemplifies the institution's commitment to holistic dental education and community-oriented healthcare. By equipping future dental professionals with the requisite skills and knowledge to address tobacco dependence, the program contributes significantly to the promotion of oral health and the prevention of tobacco-related morbidity and mortality. This report encapsulates the key highlights and outcomes of the TCC Program conducted by the Department of Public Health Dentistry at Santosh Dental College & Hospital.





SANTOSH DENTAL COLLEGE & HOSPITAL DEPARTMENT OF PUBLIC HEALTH DENTISTRY VALUE ADDED PROGRAM

"TOBACCO CESSATION COUNSELING PROGRAM"

Registration

1st Nov 2018 to 15th Nov 2018

Program

17th Nov 2018 to 08th Dec 2018

Details of Duration with time

16 Hrs

Venue

Online

No. of Students (Maximum in a batch) - 150 Participants

Participants

Eligibility BDS Students

Course-

INTRODUCTION -

Dr. Archana Aggarwal- (Prof & HOD)

5 A'S OF COUNSELLING- Dr. Archana Aggarwal (Prof & HOD)

5 R'S OF COUNSELLING - Dr. Priyanka Bhushan (READER)

PREVENTION – Dr. Priyanka Bhushan (READER)





This is to certif	y thatDr.	Nahid Iftikhar
o.f	MDC	ام م

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

War 18



This is to certify	y that	Kirti Chawla	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		undan Yadav
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A-V
Head of the



This is to certify that		Lalit Kumar	
of	BDS	_has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	/ that	<u>Nidhi</u>	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	y that	Nidhi Aggarwal
	-	
of	<u>BDS</u>	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify	y that	Priyanshi Verma
o.f	BDS	haa
OT	סטס	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify	that	Rohit Sahay	
of	BDS	has	
of	<u>BDS</u>	ha	S

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that Ruch	hika Vashisth
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of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

CONTROL MANAGEMENT OF THE PARTY OF THE PARTY



This is to certify	/ that	Sachin Kumar	_
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A CONTRACTOR OF THE PROPERTY O



This is to certif	y that	Sanjana Baisoya
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

AS CONTRACTOR OF THE PARTY OF T



This is to	certify that	Satish Kumar	Singh

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head



This is to certify	y that	Sanskriti Singh (
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ada Suniversity



This is to certify	that	Shruti Chaudhari	_
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruno



This is to certify	that	Sneha Sharma
-		
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

POOL TRANSPORT



This is to certify	thatTra	esa Maharana
of	BDS	_has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A STATE OF THE STA



This is to certif	y that	Ujjwal	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ard-



This is to certify that_		Vanshika Pawar	_
of	BDS	_has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

H F



This is to certify that		Wasim Khan	
o.f.	RDS	h	
of	סחס	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that_		ukta Srivastava
		1
ot	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head



This is to certify that_		Zuneerah Khan
٠.	BDS	L
OT	<u> </u>	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arvia



This is to certify that	Dr. Char	ranpreet Kaur
Ţ		
of MI	DS .	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Dr. Kirti Yadav
of	MDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that		Dr. Saurabh	
of	<u>MDS</u>	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardra



This is to certify th	atDr	. Shafali Singh
of	MDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Departme



This is to certify that		Dr. Shoborose
•		
of	<u>MDS</u>	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

MOTO DELINE AFTER SENSOR



This is to certify that	Dr. Taruna Kumari
, –	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

AND SCHOOL STATE OF THE SCHOOL SCHOOL



This is to certify that		Dr. Nikita Jain	
of	MDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

AN STEPHEN WAS A STEPHEN OF THE STEP



This is to certify that_		Dr. Shalu Maan	
of	MDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Lanveron 1



This is to certif	y that <u>Dr. S</u>	Shabih Fatima
of	MDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arvina



This is to certify that		Aarti Koli	
of	<u>BDS</u>	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ard



This is to certify that	Aayushi Bhardwaj
•	

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Probability of the state of the



This is to certify that		Afreen Ali	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify t	hatAka	nksha Prakash
,		
of	<u>BDS</u>	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Akshi Singh	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certify that		Alankrit Gupta
,	DDC	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

MEGISTING OF THE COLUMN TO THE



This is to certify that		Amisha Dewan
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Ananya Mondal
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Anjali Kumari
of	BDS	hoo
O1	סטס	has

completed 16 hours of Value-Added Certificate course

on **Tobacco Cessation Counselling Program**

Conducted by Department of Public Health Dentistry

Course Director

AND SERVICE PROPERTY.



This is to certify	/ that	Anushka Singh
of	<u>BDS</u>	has

completed 16 hours of Value-Added Certificate course

on **Tobacco Cessation Counselling Program**

Conducted by Department of Public Health Dentistry

Course Director

Head o



This is to certify	y that	Apoorva Singh
_		
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to	certify tha	tApurba	Chakma
	•		

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

HE HE SELVEN THE SELVE



This is to certif	y thatA	rchana Kumari
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

PEOLOSTINEMENTOS SERVICES SERV



This is to certify that		Arjun Yadav	_
of	BDS	has	
O1		IIGS	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A CONTROL OF THE PROPERTY OF T



has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Avritti Sarkar	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certif	y that	Deepanshi	
	-		
of	<u>BDS</u>	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardia



This is to certify	that <u>Dhe</u>	erendra Bhati
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y that	Drishti Adhikari
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certi-	fy thatG	aurav Jaswani
of	BUG	haa

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		<u> Harsh</u>	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certif	y thatAli_	Humaid Sabir
o f	BUG	haa

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that		Ishan Srivastava
•	-	
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A Secretary of the secr



This is to certify that		Jyoti Yadav
of	BDS	has

completed 16 hours of Value-Added Certificate course

on **Tobacco Cessation Counselling Program**

Conducted by Department of Public Health Dentistry

Course Director





This is to certify	/ that	Kajal Baisoya	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Kajal Singh
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A SAVIOUS A SAVI



This is to certify that		Kamini	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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This is to certify that_	Kanishka Awasthi
•	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna



This is to certify that		Kriti Pandey	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

P36K



This is to certify that		Kritika Singh	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Was to the state of the state o



This is to certify	that	Kshitej Malhotra
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

A-V



This is to certif	y that	Madhusmita	
of	RDS	haa	
ΟΤ	סחס	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

SHAZING SHAZIN



This is to certif	y thatM	1adhvi Shukla
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

And Classific Control of the Control



This is to certify that		Mannat Singh	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director





This is to certif	y that	<u>Manvi Sharma</u>
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

CHOTOLEM HOT



This is to certify that		Maria	
o.f	RDS	haa	
OT	סטס	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

CHANGE OF THE STREET



This is to certify that_	Mayank Chaudhary
,	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Dena



This is to certify that_	Mohd Moonis Rais
,	

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arda.



This is to certify that_	Mohit Singh Kothari

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that_	Muskaan Sachdeva
, -	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify th	atNa	dir Shah Badar	
			-
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that		Neil Mishra	_
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department

Public Health Dentistry



This is to certify that		Nidhi	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna



This is to certify	/ that	Nikhil Bawara	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

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naurasia
has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arvina



This is to certify that		Payal Verma	_
	-		
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardia



This is to certify that		Pooja Yadav
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arvina



This is to certify that	Prabal Borgohain
,	

of____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardia



This is to certify that		Ravi Kumar	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Ravi Raj	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on **Tobacco Cessation Counselling Program**

Conducted by Department of Public Health Dentistry

Course Director

Value of the second



This is to certify that		Riya Chaudhary
of	BDS	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruna.



This is to certify that		Ronita Dey	
of	BDS	has	
O1	DDS	_has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Arona



This is to certify that	t <u>Ruchika Choudhary</u>

of_____has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Department



This is to certify that		S Sanjana	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director



This is to certify that		Sachin Kumar
of	<u>BDS</u>	has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Ardia



This is to certify that		Sadaf Zia	
of	BDS	has	

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Aruno



This is to certify that Sak	sham Kharbanda
-----------------------------	----------------

of BDS has

completed 16 hours of Value-Added Certificate course

on Tobacco Cessation Counselling Program

Conducted by Department of Public Health Dentistry

Course Director

Head of the Depa